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## RESEARCH ARTICLE

# STUDY ON HEPATITIS 'B' SURFACE ANTIGEN (HbsAg) BY ELISAMETHOD IN HEPATITIS 'B'VIRUS INFECTED PERSONS

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#### **ABSTRACT**

Introduction: Hepatitis B is the single most important cause of viral hepatitis in developed and developing world. Hepatitis infection leads not only to acute viral hepatitis but in a number of cases it leads to carrier state which may progress to chronic liver disease, liver cirrohosis and ever liver carcinoma. Material and Method: Patients were taken attending medicine and blood bank of PMCH, Patna. Total no of cases were divided in to three groups. The diagnosis of acute viral hepatits was established on the basis of clinical presentation and liver function test characterised by hyperbilirubinaemia, serum transaminases etc. In the microbiology department serological test for hepatitis virus infection was done by ELISA method and result was noted. Result: In Group 1, Group 2 and Group 3 cases were tested. Observations showed that out of 38 cases of acute viral hepatis the most common aetiological agent was Hepatitis B virus 55.26%. Hepatitis B virus is most common in 3<sup>rd</sup> decade of age group. Males were more affected than female. **Discussion**: Tandon et al. (1984) have reported an incidence of hepatitis B in 42% of sporadic cases of acute viral hepatitis. The presence of HbsAg in the serum of 10-25% of patient of chronic hepatitis has been demonstrated by Wright et al (1969), Gitinick et al. (1969), Mathews and Mackay (1970) and Boyes and Klatskin (1970). Thyagarjan et al. (1978) reported that out of 93 patients screened with feature of chronic active liver disease 17 were HbsAg (18.3%). Conclusion-Hepatitis B surface antigen is the most common marker in hepatitis B virus infection.

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## INTRODUCTION

Hepatise 'B' is recognized as a serious health problem. In 1965, when Blimberg &co workers observed a foreign substance, initially called Australia anitgen, in the blood or an Australian Aborigene. Hepatitis 'B' the single most important cause of viral hepatitis in developing and developed world. Hepatitis B infection leads to not only a cute hepatitis often death in short course of illness. But in number of cases it leads to carrier state and it is highly infectious viral condition of liver which may progress to chronic liver disease, liver cirrhosis and even liver cancer. Hepatitis B virus can also seen to cause extra hepatic immunological mediated disease like polyatritis nodosa and glomerulonephritis. Hepatitis Bvirus infection is responsible for nearly two third of all chronic liver diseases and about 80% ofhep atocellular carcinoma. Cirrhosis cases were also found to be HbsAg positive.

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The hepatitis B virus is a 42 mm DNA viruses with an outer envelope and inner 27mm in diameter enclosing the that genome and DNA polymerse. It belongs to Hepadnaviridae family. Hepatitis 'B' virus is primarily transmitted through infected blood but recently the infectivity of virus has been demonstrated in the body fluid such as saliva, semen, tears and vaginal secretions. HBV is highly infectious disease and is a global problem. Indivisuals who come in contact with in fected blood or body fluids are of risk of acquiring in fection either medical or non -medical individual. Australia antigen is among the first serological markers that circulated in the blood of infected persons even 2-3 weeks prior to appearence of clinical symptoms. The level of HBsAg is especially elevated during symptomatic phase and decline there after. Antibody to HbsAG usually appear after 3-6 months& persists for many years. Detection of HBV using HbsAg as the marker to screen blood donars to reduce the risk of trasmission of Heptitis B Virus. Highly sensitive technique ELISA (Enzyme linked immunosorbent Assay) have become available for the detection of various serological markers of hepatitis B virus.

## **MATERIALS AND METHODS**

- The study group was taken from the patients attending department of Medicine and blood bank of PMCH, Patna
- Total number of cases studied has been divided into following sub group:-

**Group I:-** This comprised of 38 cases of Acute viral hepatitis.

**Group II:-** This comprised of a total of 27 patients of chornic liver disease. 9 cases had chronic hepatitis, 12 had cirrhosis and 6 cases had hepato cellular carcinoma.

**Group III:-** The prevalence rate of Hbs Ag in our region were studied in 56 cases which included 33 healthy persons of different age groups and 17 adult voluntary blood donars, 6 patients su ffering from chronic renal disease were included in this group for comparison.

## SELECTION OF THE CASES /CRITERIA FOR DIAGNOSIS

The diagnosis of acute viral hepatitis was established on the basis of clinical presentation of the patient and findings of the liver function test (LFT) characterised by hyp erbilirubinaemia, serum transaminases at least 2to3 times higher than the normal and excluding other causes of this condition (drugs., toxins and infections). Detailed history was recorded particularly the presence of risk factors associated with the transmission of HBV e.g. a past history of jaundiced patient. history of injection and blood transfusion of 6 months history. LFT comprised of serum bilirubin, SGOT, SGPT, alkaline phosphatase, serum Protien, Hb%, TLC and DLC. In the microbiology department, serological test for hepatitis virus infection was done by ELISA method and result was read by ELISA reader. In this Presence or absence of HbsAg have be en seen for.

## **RESULTS**

Group 1: 38 cases were admitted in the hosptial were diagnosed as acute viral hepatitis on the basis of clinical presentation & liver funtion test. HbsAg was positive in 21 out of 38 cases. Most of the cases of HBV in fection was found in 3<sup>rd</sup> decade of life although sporiadic cases were found in all age groups. Out of 38 cases 27 were male of which 17 (62.96%) were HbsAg+ve &11 cases were female of which 4(36.36%) cases were HbsAg+ve Seum bilirubin of these patients ranged from 1.5 to 23.5mg%. Total serum protein > 8.0 gm %. S.albumin ranges from 1.2 - 3.5gm % S.alkalinephosphatase ranges from 106-227IU/L. SGPT value 90-310 IU/L whereas SGOT value ranged from 70-280 IU/ml.

**Group 2:** Study of Hepatitis B surface antigen (HbsAg) in chronic liver diseases. Atotal of 27 patients with chronic liver disease were studied. Out of 27 cases9 cases had chronic hepatitis of which 5 were HbsAg +ve, 12 cases were having cirrohosis of liver of which 6 cases were Hbsag+ve. 6 cases developed hepatocellular carcinoma of which 2 cases were HBsAg +ve. In chronic hepatitis out of 9 maximum number of cases were found third and fifth decades. 7 cases were male and 2 were female.

In cirrohosis 12 patients were seen. The cases were confirmed by liver biopsy. Age of the patients ranged from 21 to 55 years. Maximum no. of cases occured between 3rd to 5th decade. 9 cases were male & 3 was female. Out of 12 cases 6 cases were HbsAg+ve. A total of 56 in indivisual were studied 33 were healthy individual. 17 were voluntary blood donar and 6 patients of chronic renal failure.

**Group 3:** Out of 33 healthy cases 3 were HbsAg +ve Out of 17 voluntary blood donars 2 were HbsAg +ve. Out of 6c ases2 were HbsAg+ve. Out of 6 cases of chronic renal failure, 2 cases were HbsAg wre positive (4 were males and 2 female).

### DISSCUSSION

The observations shows that out of 38 cases of acute viral hepatitis, the most common aetiological agent was hepatitis B virus 55.26%. Hepatitis B virus infection was found in almost all age group (MCin 3rd decade). Males were more affected than female. Tandon et al (1984) have reported an incidence of hepatitis B in 42% of sporadic cases of acute viral hepatitis. The presence of HbsAg in the serum of 10-25% of patient of chronic hepatitis has been demonstrated by Wright et al (1969), Gitinick et al (1969), Mathews and Mackay (1970) and Boyes and Klatskin (1970). Thyagarjan et al (1978) reported that out of 93 patients screened with feature of chronic active liver disease 17 were HbsAg (18.3%). In1971 Tong et al. reported that as many 80% of the patients with hepatocellular carcinoma had chronic in fectivity with hepatitis B virus .Hill et al (1973) using immunodiffusion technique found an incidence of 0.75 to 2.3% in blood donar and professional donar at Vellore. Roy Chaudhary et al (1989) at Calcutta reported 1.79% HbsAg positivity in voluntary blood donar and 5.84% HbsAg+ve in professional blood donar using ELISA method.

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