



**RESEARCH ARTICLE**

**EMOTIONAL MATURITY AMONG LITERATE AND ILLITERATE WOMAN**

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**ABSTRACT**

Maturation describes impulses to growth which supplemented by Education usually and other environmental factors. Environment is a source of Education. Emotional maturity is a process in which the personality is continuously striving for greater sense of emotional health, both intrapsychically and intra-personally. In this study researcher studied emotional maturity of literate and illiterate women with relation to categories of emotional maturity. The emotional maturity scale developed by Dr. Yashvir Singh and Dr. Mahesh Bhargava was used. Literate women were found emotionally mature and illiterate women emotionally unstable. There was significant difference in emotional maturity of literate and illiterate women.

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**INTRODUCTION**

In terms of years, the passage, we all make from infancy to maturity may be short, but in terms of changes it is very long. Human growth is a continuous process Growth is directed and guided by two factors. The one is age - maturation and other stimulus maturation. Age maturation means growing under the impulses of our own hereditary natures. Stimulus – maturation means growing under the influence of environmental agencies. One type of environmental agency is relatively unorganized. It is simply composed of the climates of opinion and action all around us. The other type of environmental agency is relatively more organized. It is a home or a school where definite extorts are made to direct and control growth. The school is organized stimulus maturation. It provides us will all the equipment which makes such operations like acting, perceiving, learning, willing, emoting and thinking possible. Maturation describes impulses to growth which usually lie beyond the control of teachers and other environmental factors. Environment is a source of Education. Maturation is supplemented by Education. Emotional maturity is a process in which the personality is continuously striving for greater sense of emotional health, both intra-psychically and intra-personally. Emotional maturity was defining as the strength and courage to actualize individual abilities within the frame of social demands.

**Objectives**

- 1) To study emotional maturity of literate and illiterate women with relation to categories of emotional maturity.
- 2) To compare emotional maturity and its categories of literate and illiterate woman.

**Hypothesis**

There is no significant difference between emotional maturity of literate and illiterate Women.

**METHODOLOGY**

The population under study consisted of literate and illiterate women in Jalgaon city. The sample of 120 Women was obtained by purposive sampling out of which 60 are literate women and 60 are illiterate women. All of these belong to middle socio-economic status and age range from 25 to 50 years. The emotional maturity scale developed by Dr. Yashvir Singh and Dr. Mahesh Bhargava was used, the emotional maturity scale consisted five categories- Emotional instability, Emotional regression, social maladjustment, personality Disintegration, Lack of independence. The information collected from the scale was analyzed with statistical methods and graphic presentation.

**DISCUSSION AND RESULTS**

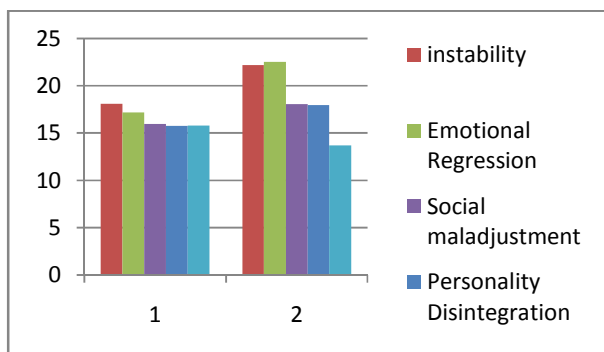
1. Emotional Maturity among literate women
2. Emotional Maturity among illiterate women

The above table shows that lack of stability of literate women, while emotional regression, social maladjustment, personality disintegration and lack of independence are lower than emotional instability. The illiterate women are independent in their life, but they show emotional regression is higher than other four categories. Illiterate women are independent than literate women in Emotional stability, emotional aggression, Social adjustment, personality integration have better than illiterate women. Overall emotional maturity of literate women was 81.1 means moderately stable emotional maturity. Illiterate women were found 94.68 emotional maturity in average, which expressed unstable emotional maturity.

Emotional regression of illiterate women expressed feeling of inferiority, aggressiveness and self-centeredness. Literate women were found emotionally mature and illiterate women emotionally unstable. There was significant difference in emotional maturity of literate and illiterate women. Literacy is affecting the emotional development of women.

**Table 1. Emotional Maturity among literate and illiterate women**

Sr. No	Factors of Emotional Maturity	Mean of E. M.				t
		Literate women		Illiterate women		
		Mean	S.D.	Mean	S.D.	
1	Emotional instability	18.11	5.03	22.20	7.09	3.68
2	Emotional Regression	17.18	5.17	22.51	6.59	4.98
3	Social maladjustment	15.98	4.42	18.06	4.76	2.50
4	Personality Disintegration	15.73	3.67	17.98	5.03	5.06
5	Lack of Independence	15.80	4.28	13.71	3.80	1.87
	Total	81.1	16.78	94.68	18.74	3.24



**Conclusion**

The emotional maturity was moderate among the literate women, but their independency was very low. Education is the cause of personality development, it consist independence. Educated women's lack of independence comes from their luxurious life style. The illiterate women found emotionally unstable. Poverty, low income, queries, uncongenial family affected the education of women. Education is a cause of emotional instability. These women found working independently. Tension, quarrels, domestic work contributed to the emotional instability.

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