



## RESEARCH ARTICLE

### CYBERCRIME AND WOMEN: ONLINE HARASSMENT, STALKING, AND BLACKMAIL - A SOCIOLOGICAL ANALYSIS

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#### ARTICLE INFO

##### Article History:

Received 19<sup>th</sup> June, 2025

Received in revised form

15<sup>th</sup> August, 2025

Accepted 31<sup>st</sup> October, 2025

Published online 30<sup>th</sup> December, 2025

##### Keywords:

Cybercrime Against Women, Online Harassment, Patriarchy and Gendered Power, Digital Exclusion, and Literacy.

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#### ABSTRACT

The digital revolution has generated new possibilities for communication, education, and social engagement. Nonetheless, it has concurrently unveiled new dimensions of violence against women, with online harassment, stalking, and blackmail becoming widespread dangers. This research analyses cybercrime targeting women through a sociological lens, highlighting the influence of gendered power dynamics, patriarchal frameworks, and digital marginalization on women's experiences in cyberspace. This study examines patterns of online harassment and the socio-cultural obstacles to reporting, utilizing feminist criminology and sociological theories of power, stigma, and anomie. Utilizing secondary data from the National Crime Records Bureau (NCRB), UN Women reports, and qualitative interviews conducted in Delhi, the findings indicate that young women are disproportionately victimized, pervasive underreporting persists due to stigma, and digital literacy markedly affects women's capacity to resist or report cybercrimes. The study indicates that cybercrime targeting women is not solely a technology difficulty but a social issue fundamentally entrenched in gender inequity, requiring reforms in digital education, law enforcement, and gender awareness.

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Citation: Dr. Orusa Karim and Dr. Sumbl Ahmad Khanday. 2025. "Cybercrime and Women: Online Harassment, Stalking, and Blackmail – A Sociological Analysis." *International Journal of Current Research*, 17, (12), 35687-35692.

## INTRODUCTION

The digital revolution has revolutionized the way individuals communicate, access knowledge, and engage in society. India had more than 759 million active internet users in 2023 (Internet and Mobile Association of India, 2023), making cyberspace an important place for learning, doing business, and meeting new people. The internet gives women new ways to express themselves, start businesses, and get involved in politics. This frequently makes up for the limitations they face in real life. Scholars like Castells (2010) have talked about how digital networks could be places where those who are on the outside can speak out against unfair systems. But these same technical advances have also made things more dangerous. Cyberstalking, online harassment, impersonation, extortion, and non-consensual image sharing are crimes that disproportionately affect women, showing how patriarchal power dynamics carry over into online settings (Citron, 2014; Gurumurthy & Chami, 2019). Cybercrimes are different from offline crimes since they are easier to do because of anonymity, borders territories, and the quick spread of destructive content. This makes them more invasive and harder to control. Recent figures highlight the significance of this challenge. The National Crime Records Bureau (NCRB, 2022) reported a 24% rise in cybercrime cases in India, with women representing a substantial percentage of the victims. UN Women (2021) reports indicate that online gender-based violence is one of the most rapidly increasing kinds of violence against women worldwide. Notwithstanding its ubiquity, most instances are underreported owing to apprehension regarding stigma, reputational damage, and insufficient institutional trust (Bhat & Sharma, 2018). Cybercrime

against women, from a sociological standpoint, transcends mere technological or legal considerations; it necessitates comprehension within the extensive context of gendered power dynamics, patriarchy, and digital marginalization. Online abuse exemplifies what feminist scholars refer to as the "continuum of violence" (Kelly, 1988), wherein digital harassment serves as an extension of offline gendered oppression. In India, where women's mobility and visibility in public spaces are traditionally constrained by patriarchal norms, internet emerges as another contentious domain where their presence is monitored and frequently penalized.

**This study contextualizes cybercrime against women within a societal framework by posing three interconnected questions:**

- What sociological factors make women particularly vulnerable to cybercrime?
- How do women experience and respond to online harassment, stalking, and blackmail?
- What structural barriers prevent effective reporting and justice?

#### RATIONAL OF THE STUDY

This research is significant for connecting technology-centric studies of cybercrime with a more profound sociological comprehension of gendered power dynamics. Although legal and technological analyses focus on cyber laws, data protection, and surveillance systems, they frequently overlook the influence of patriarchy, stigma, and digital exclusion on women's susceptibility in online environments. This study situates cybercrime within the frameworks of power, anomie, stigma, and symbolic violence, so enhancing the sociology of gender,

crime, and technology, and providing a comprehensive approach that links structural inequalities to digital reality. The research is essential from a social policy standpoint in India, where women's internet engagement is increasing yet remains contentious. Recognizing cybercrime as a continuum of gender-based violence underscores the imperative for gender-sensitive digital education, accessible reporting systems, and institutional reforms. This work enriches scholarly discourse and offers insights that can guide policy interventions, law enforcement procedures, and community awareness to foster safer digital settings for women.

## REVIEW OF LITERATURE

The existing body of research on cybercrime targeting women highlights that violence in digital environments is not separate from offline realities, but rather an extension of patriarchal frameworks. Researchers have emphasized that online harassment, stalking, and blackmail mirror the patterns of control, exclusion, and silencing experienced by women in physical environments.

**The Gendered Aspect of Cybercrime:** Online harassment is inherently gendered. Citron (2014) in *Hate Crimes in Cyberspace* emphasizes that women disproportionately encounter targeted harassment, including revenge pornography, sexual threats, and character defamation, which serve to inhibit their public engagement. Gurumurthy and Chami (2019) contend that internet, rather than being impartial, perpetuates offline disparities, wherein women's visibility is regulated through trolling, slut-shaming, and digital surveillance. This corresponds with Nussbaum's (1999) framework on objectification, illustrating the commodification of women's bodies in both offline and online contexts.

**Underreporting and Stigmatization:** A prevalent motif in literature is women's hesitance to disclose cybercrimes. Bhat and Sharma (2018) discovered that the fear of victim-blaming and apprehensions over familial honor substantially contribute to underreporting. Goffman's (1963) stigma theory is particularly pertinent in this context: women absorb societal guilt, frequently attributing blame to themselves for being "careless" online. Sharma & Gangopadhyay (2017) indicate that law enforcement frequently diminishes the seriousness of online harassment allegations, thereby dissuading victims from seeking legal recourse. This institutional apathy sustains impunity for offenders.

**Digital Disparity and Marginalization:** The digital divide intensifies women's susceptibility. According to UN Women (2021), women in South Asia are 25% less likely than men to access mobile internet. The absence of digital literacy hinders women's ability to identify and combat cybercrimes, as well as restricts their proficiency in utilizing reporting methods. Wajcman (2004) in *TechnoFeminism* asserts that technology is inherently biased, as it is intertwined with prevailing gender hierarchies, and the lack of digital proficiency exacerbates the marginalization of women. Consequently, cybercrime disproportionately affects women from rural, low-income, and marginalized caste or community origins in India (Arora, 2019).

**Psychological and Social Effects:** The repercussions of cyber harassment extend beyond the digital realm, infiltrating women's daily lives. Research conducted by the Pew Research Center (2020) indicates that women who endure online harassment exhibit increased levels of anxiety, sadness, and disengagement from digital platforms. Banerjee (2021) observes that this digital withdrawal frequently results in lost educational and professional prospects, hence exacerbating gender disparity. Bourdieu's (1991) notion of symbolic violence elucidates this internalized withdrawal—women perceive online harassment as a "normal" aspect of digital existence, consequently modifying their conduct to evade confrontation instead of advocating for systemic reform.

**Monitoring and Regulation:** Contemporary research expands its scope from harassment to examine surveillance as a mechanism of

patriarchal domination. Foucault's (1977) panopticon theory offers a compelling framework for comprehending cyberstalking: women experience a continuous surveillance—by spouses, family members, or unidentified stalkers—that regulates their online behavior. Nissenbaum (2004) introduces the concept of contextual integrity, asserting that breaches of privacy in digital environments compromise women's autonomy and exacerbate power imbalances.

**Integration of Sociological Viewpoints:** Legal studies primarily focus on regulatory frameworks such as the Information Technology Act (2000), but sociological analysis highlights the fundamental social foundations of cybercrime. Patriarchy is evident through both overt assault and systemic indifference; stigma suppresses victims; the digital divide perpetuates exclusion; and both symbolic and structural violence limit women's digital autonomy. The literature indicates that cybercrime targeting women is not merely a technological issue but rather a manifestation of persistent gender inequities inside society.

**Theoretical Frameworks:** This study employs various sociological and criminological frameworks to examine how cybercrime targeting women represents both a perpetuation and an evolution of patriarchal dominance in the digital realm. Feminist criminologists contend that traditional criminology has historically neglected women's victimization, analyzing crime from a male-centric perspective. Carol Smart (1976) asserted that law is inherently a patriarchal institution, frequently perpetuating gender inequities instead of removing them. Chesney-Lind (1989) emphasized that violence against women, encompassing harassment and coercion, serves as a technique of patriarchal control that perpetuates women's subordination. Online harassment and stalking perpetuate patriarchal surveillance in online, specifically targeting women who assert visibility and autonomy in digital public arenas. Durkheim's Concept of Anomie (1897/1951): Durkheim defined anomie as a condition of normlessness, wherein swift social transformation undermines collective moral structures. The digital revolution has established a milieu characterized by fluid norms, regulatory frameworks that fail to keep pace with technological advancements, and offenders who take advantage of anonymity. Cybercrime flourishes in this climate of anomie, when ethical boundaries are obscured and law enforcement finds it challenging to implement meaningful penalties.

Goffman's Stigma Theory (1963) posits that individuals bearing stigma internalize societal shame, modifying their conduct to evade public discreditation. For female victims of cyber harassment, the stigma frequently eclipses the actual offense: the apprehension of being branded as "immoral" or "negligent online" deters them from reporting. This creates a detrimental circle in which offenders operate without fear of consequences, aware that women's concerns about their reputation will probably hinder legal proceedings. Giddens' Structuration Theory (1984): Anthony Giddens highlights the duality of structure: human actors construct social structures through interaction, which concurrently impose constraints on them. In digital environments, sites like Facebook, Instagram, and WhatsApp exemplify this duality. They provide women with novel avenues for self-expression and mobility; nonetheless, these very frameworks perpetuate existing gender disparities. Harassment, trolling, and spying serve as mechanisms that regulate women's online conduct, limiting their autonomy inside an otherwise freeing context. Bourdieu's Concept of Symbolic Violence (1991): Pierre Bourdieu conceptualized symbolic violence as the nuanced, frequently imperceptible mechanisms of domination ingrained in cultural and social practices. In online, symbolic violence is seen in the acceptance of misogynistic comedy, objectification, and memes that perpetuate slut-shaming. Women's self-censorship—opting not to share images or disengaging from online discussions—results from the normalization of symbolic violence, wherein digital aggression is internalized as the "cost" of women's online presence. Foucault's Surveillance Theory (1977): Michel Foucault's examination of surveillance in *Discipline and Punish* illustrates the functioning of authority through perpetual monitoring, whether actual or perceived. Digital technologies exacerbate this phenomenon: social media profiles, location-sharing applications, and even compromised

cameras convert women into objects of observation. Cyberstalkers exert pervasive control, inducing fear and influencing women's online conduct. Foucault's perspective enables us to perceive cybercrime not as discrete incidents but as disciplinary mechanisms that uphold adherence to patriarchal standards. Theoretical approaches collectively demonstrate that cybercrime targeting women is not an incidental consequence of technology, but rather an extension of gendered oppression adapted to contemporary situations. The interaction of patriarchy (Smart, Chesney-Lind), normlessness (Durkheim), stigma (Goffman), structural reproduction (Giddens), symbolic violence (Bourdieu), and surveillance (Foucault) elucidates why online environments, despite their democratic potential, continue to be perilous and exclusionary for women.

## METHODOLOGY

**Research design:** This study utilizes a qualitative, exploratory research design, appropriate for comprehending intricate social issues like cybercrime targeting women. Qualitative research facilitates a comprehensive analysis of women lived experiences, coping mechanisms, and views of structural obstacles, which quantitative surveys cannot adequately capture. An exploratory approach is particularly suitable as cybercrime targeting women, particularly in India, represents a developing area of study, with earlier sociological research on online harassment being scarce (Bhat & Sharma, 2018).

**Sources of Data Collection:** This study draws upon a combination of secondary and primary data sources to provide both contextual grounding and empirical depth regarding cybercrime against women.

**Secondary Data:** The research utilizes many secondary sources to establish contextual and factual foundations:

- **Reports from the National Crime Records Bureau (NCRB) from 2020 to 2022:** These reports give official numbers on cybercrimes against women in India, such as how often they happen, how many people report them, and what happens in court.
- **UN Women Reports (2021):** These reports give information about online violence against women, digital exclusion, and policy frameworks that work better in some places than others.
- **Academic Literature:** Peer-reviewed publications and previous sociological research provide theoretical and empirical perspectives on online harassment, gender inequality, stigma, and digital literacy.

The study integrates different sources to contextualize primary findings within a wider social and policy framework. **Primary Data:** Primary data were gathered via semi-structured interviews with 25 women aged 18–35 living in Delhi. This age group includes young adults and professionals just starting out in their careers. These people are often the most active users of digital platforms and are therefore more likely to be victims of online harassment (Pew Research Center, 2020).

**Sampling:** The study utilizes snowball sampling, a non-probability method suitable for reaching difficult-to-access populations, such as cybercrime victims. Participants were recruited via campus networks, women's NGOs, and online social media groups, assuring a diverse range of educational backgrounds, socio-economic statuses, and levels of digital proficiency. Snowball sampling enables participants to recommend individuals with like experiences, so fostering trust and ethical discourse on sensitive subjects (Biernacki & Waldorf, 1981).

**Data Collection Tools:** Semi-structured interviews were conducted using an interview guide with open-ended questions, enabling participants to share their experiences in detail. Questions explored:

- Types and frequency of online harassment experienced
- Platforms and modes of victimization

- Coping strategies and informal responses (e.g., blocking, account deletion)
- Experiences with reporting to authorities or institutions
- Perceptions of social stigma, family pressure, and digital literacy

Interviews were audio-recorded (with consent), transcribed verbatim, and anonymized to protect participants' privacy.

### Data Analysis

Thematic coding was used to examine the data. This is a way to find patterns, concepts, and relationships that happen repeatedly in qualitative data (Braun & Clarke, 2006). The coding procedure included:

- Initial open coding to identify broad categories of harassment, coping strategies, and obstacles.
- Axial coding connects groups to underlying societal ideas including stigma, patriarchy, anomie, and symbolic violence.
- Selective coding to create a coherent narrative that links empirical facts to the theoretical framework.

The study utilizes thematic analysis to prioritize women's stories while facilitating analytical generalizations regarding the structural determinants influencing cybercrime experiences.

### Ethical Considerations

#### Given the sensitive nature of the study:

- Informed consent was obtained from all participants.
- Participants were assured of anonymity and confidentiality.
- They had the right to withdraw at any time.
- Support resources, including helplines and NGO contacts, were provided to participants experiencing distress during interviews.

Ethical rigor ensures the research is both respectful and responsible, minimizing potential harm while generating valuable sociological insights.

## RESULTS

This chapter delineates the principal findings derived from semi-structured interviews conducted with twenty-five women aged 18 to 35, residing in Delhi. The data were gathered using an exploratory qualitative design to comprehend women's experiences with cyber harassment, their coping mechanisms, and obstacles to justice. Five principal themes emerged through thematic coding and interpretation: victimization patterns, reporting hurdles, the influence of digital literacy, psychological and behavioral effects, and intersectional differences. The results are enhanced with illustrative quotations, frequency analyses, and interpretive commentary to emphasize the experiences of women in online environments.

**Patterns of Victimization:** The study found that internet harassment is a common and accepted part of life for young women in Delhi. Among the 25 respondents, 22 (88%) said that they had encountered at least one type of online abuse in the preceding two years. The events were varied, included sexually explicit messages, the fabrication of false identities and online harassment. Respondents frequently reported cyber harassment in various forms. Obscene WhatsApp messages (n=18) were the most common, followed by fake Instagram accounts impersonating women (n=14), unsolicited requests (n=20), and threats of circulating morphed photographs (n=9). Instagram (76%) and WhatsApp (68%) were the two most popular places where people said they were harassed. The respondents indicated that Instagram's visual format and transparent follower system facilitated impersonation, photo theft, and the transmission of unsolicited messages by criminals. WhatsApp's integration with phone numbers facilitates more personal and direct

communication, frequently among individuals within social or educational networks.

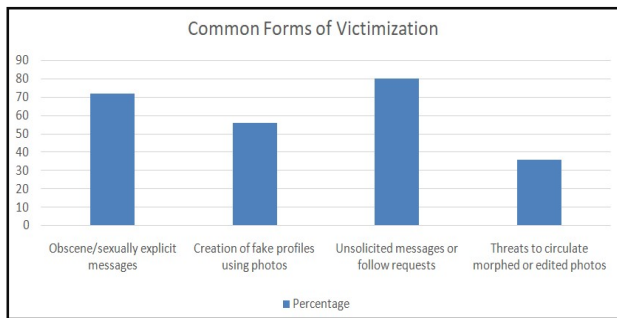


Figure 1. Patterns of Victimization

**Victim Profile:** Most responders were college students (60%) and young professionals (40%) aged 20 to 30 years. A considerable percentage (68%) resided in PG lodgings or rented apartments, outside of familial oversight. This demographic trend underscores that urban mobility and autonomy, however liberating, concurrently subject young women to digital hazards. "It's always Instagram." A 23-year-old postgraduate student remarked, "You post a single picture and immediately receive ten follow requests from random men with fraudulent accounts." This pattern aligns with feminist criminological theories (Chesney-Lind, 1989), highlighting how women's presence in public and digital domains contests patriarchal limits and frequently incites control via harassment.

**Barriers to Reporting:** Despite the prevalence of harassment among respondents, the incidence of official reporting was markedly low. Merely 4 respondents (16%) had contacted a cyber cell or law enforcement agency. A significant 84% opted for silence or informal coping mechanisms. Three interconnected obstacles arose: fear of stigma, scepticism towards institutions, and dependence on informal systems.

Figure 2: Barriers to Reporting

| BARRIER  | No. of respondents | Percentage (%) |
|--|--------------------|----------------|
| Fear of stigma / parental restrictions             | 17                 | 68%            |
| Lack of trust in cyber cell responsiveness         | 15                 | 60%            |
| Lack of knowledge about reporting procedures       | 9                  | 36%            |
| Preference for informal coping (blocking/deleting) | 19                 | 76%            |

**Fear of Stigma and Victim-Blaming:** The predominant reason for not reporting was the apprehension of being criticized or judged by family and society. Respondents expressed concern that parents would limit their online activities or scrutinize their character. The ingrained belief that "virtuous women" shun public presence fostered self-censorship and silence. "If I tell my parents, they will say 'Why are you posting pictures?' instead of asking who did it," noted a 21-year-old undergraduate student.

**Distrust in Institutions:** A significant number of interviewees showed profound distrust toward law enforcement and cyber units. They regarded the legal process as ineffective, protracted, and lacking sensitivity to women's experiences. Numerous individuals indicated that officials minimized their grievances, proposing that they "merely block the individual." "When I went to report it, the officer laughed and said it is just 'online fun'—that is when I realized it is easier to delete my account," said a 27-year-old professional.

**Informal Coping Mechanisms:** Because of these obstacles, women mostly used unofficial self-defence techniques including removing profiles, blocking offenders, or confiding in close friends. Although these actions provided short-term respite, they are indicative of a

larger systemic issue: the privatization of justice, which forces women to handle their own victimization without the assistance of institutions. Here, Goffman's (1963) stigma theory is helpful because victims hide their experiences to prevent social labelling, which causes shame to be internalized and silence to become accepted.

**The Significance of Digital Literacy:** Digital literacy has arisen as both a safeguarding and contradictory element. Among the respondents, 14 (56%) demonstrated digital literacy, being acquainted with privacy tools, reporting mechanisms, and digital security, whereas 11 (44%) exhibited lesser familiarity with these tools. Digitally literate respondents shown assurance in utilising reporting tools, privacy configurations, or blocking features.

Figure 3. Impact of Digital Literacy on Reporting Behaviour

| Digital Literacy Group  | Confident Managing Threats | Filed Complaint |
|-------------------------|----------------------------|-----------------|
| Digitally literate (14) | 11 (79%)                   | 3 (21%)         |
| Less literate (11)      | 4 (36%)                    | 1 (9%)          |

Nonetheless, despite understanding, the majority abstained from formal complaints, expressing apprehension of exposure, legal examination, or more victimisation within institutional environments. "I am aware of how to block or report, but I will never approach law enforcement." They pose disconcerting enquiries. "It is not worthwhile," asserted a 24-year-old graphic designer. This paradox demonstrates that technology empowerment cannot transcend socio-cultural constraints. Although digital literacy enhances self-defence, it does not provide institutional justice or societal recognition. Women's agency is continually negotiated under patriarchal limitations, corroborating Giddens' (1984) concept of structuration, wherein individuals exert constrained agency within prevailing institutions of domination.

**Psychological and Behavioural Effects:** The ramifications of cyber abuse transcended the digital realm, affecting mental well-being, self-image, and socio-economic engagement.

Figure 4. Psychological and Behavioural Effects

| Impact Type   | No. of Respondents | Percentage (%) |
|---|--------------------|----------------|
| Anxiety / fear while online                             | 19                 | 76%            |
| Reduced social media activity                           | 15                 | 60%            |
| Self-censorship(private accounts, fewer photos)         | 17                 | 68%            |
| Withdrawal from online opportunities (jobs/internships) | 5                  | 20%            |

Approximately seventy-six percent of participants indicated experiencing worry, stress, or hypervigilance during social media usage. Numerous individuals reported self-censoring their content, transitioning to private accounts, or refraining from online posting entirely. I became acutely aware, leading me to cease publishing photographs or stories. A 20-year-old student stated, "I feel more secure when I am invisible online." At least five respondents (20%) reported abstaining from professional possibilities, such as internships and online job applications, due to apprehension over harassment. This behavioural disengagement demonstrates how internet harassment indirectly constrains women's involvement in school and employment, reflecting offline gender disparities. The digital realm, intended to democratise access, thereby transforms into another locus of gendered exclusion. Numerous women expressed sentiments of powerlessness, rage, and loneliness. This trend corresponds with Durkheim's (1897/1951) concept of anomie, wherein the disintegration of social norms and protective frameworks induces personal disorientation and alienation in a swiftly evolving digital landscape.

**Intersectional Dimensions:** Although gender was the primary focus of investigation, class, family structure, and cultural background interacted to influence unique experiences of vulnerability and coping mechanisms.

Figure 5. Intersectional Dimensions

| Social Variable                               | Observed Pattern  |
|---|---|
| Middle – Class, Independent Women (n =14)     | Reported greater exposure to harassment due to visibility but also higher awareness of digital tools. |
| Conservative / joint family background (n=11) | Experienced intense fear of disclosure, internalized stigma, and limited online presence.             |
| Migrant women from smaller towns              | Reported heightened anxiety and guilt, perceiving harassment because of urban lifestyle and freedom.  |

These findings emphasise that gendered susceptibility is not uniform. The interaction between patriarchal household dominance and digital exposure generates several forms of limitation. Women’s reactions—spanning from silent resilience to proactive self-defence—exemplify intersectional tensions among identity, environment, and security.

A Brief Synopsis of the Emerging Themes

Four interconnected and overlapping themes emerged from the thematic analysis, which are as follows:

- **Normalization of Online Harassment:**Harassment is widely viewed as an unavoidable risk of being a woman online, which has led to the normalisation of behaviour that is considered to constitute harassment.
- **A Culture of Silence and Mistrust:** Underreporting is a problem that is perpetuated by a culture of fear of stigma and distrust in institutions.
- **Negotiated Agency:** In the absence of structural assistance, women may resort to informal and individual measures to reassure themselves that they are safe.
- **Digital Self-Censorship:**Cyber harassment hinders women's engagement in digital activities and maintains patriarchal control through fear. This behaviour is referred to as digital self-censorship.

CONCLUSION

The findings collectively suggest that cyber harassment against women in Delhi is both prevalent and structurally silenced. It replicates offline patriarchal power dynamics in digital environments, limiting women's autonomy, mobility, and self-assurance. Although digital literacy improves self-defence, it does not ensure justice, given the ongoing issues of social shame, institutional indifference, and fear of exposure. Women consequently cultivate negotiated kinds of agency—safeguarding themselves through silence, omission, and retreat, rather than pursuing institutional remedy. Cyber harassment represents a contemporary manifestation of gender inequality, illustrating the coexistence of digital advancement and entrenched patriarchal ideology. Women’s efforts to assert online presence are persistently influenced by controlling institutions that aim to reprimand, shame, and suppress them.

**Theoretical Contributions:** This research enhances societal comprehension in multiple aspects:

- **Reconceptualising Cybercrime as a Gendered Social Phenomenon:** It contests the perception of cyber harassment as solely a technology concern, defining it instead as a social perpetuation of patriarchy within digital environments.
- **Integrating Classical and Feminist Theory:** This study synthesises the theories of Durkheim, Goffman, and Giddens with feminist criminology, thereby connecting traditional sociological frameworks with modern feminist viewpoints.
- **Emphasising Agency within Limitations:** Women's coping mechanisms, however constrained, illustrate negotiated agency instead of passive victimhood, so extending Giddens' theory of structuration into the digital realm.

Recommendations for Policy and Institutional Frameworks

- The report advocates for a holistic approach that encompasses legal, educational, psychological, and cultural aspects of digital gender-based violence.

Legal and Institutional Measures

- **Enhance Cyber Cells:** Implement gender-sensitive training and ensure prompt resolution with privacy protections.
- **Victim-Centered Legislation:** Facilitate anonymous reporting, guarantee anonymity, and incorporate counselling into legal processes.
- **Social Media Accountability:** Implement prompt removal of abusive content, use AI for detection, and establish support helplines.

Educational and Awareness Initiatives

- **Digital Safety Education:** Implement gender-sensitive digital literacy programs in educational institutions and workplaces, emphasising consent and ethical considerations.
- **Collaborate with NGOs and institutions for awareness campaigns and peer-led projects.**
- **Community Awareness:** Instruct parents to avert victim-blaming and foster collective accountability for online safety.

Psychological and Social Support Frameworks

- **Cyber Trauma Helplines:** Provide round-the-clock counselling and legal assistance.
- **Establish University Support Cells:** Develop Digital Safety and Gender Equality Cells in conjunction with local cyber units.
- **Peer Networks:** Establish secure anonymous platforms for the exchange of experiences and emotional assistance.

Media and Cultural Metamorphosis

- **Accountable Media:** Portray victims as survivors and advocate for digital respect initiatives.
- **Combating Misogyny:** Employ art, narrative, and male-inclusive ethical initiatives to transform online culture and foster accountability.

LIMITATIONS OF THE RESEARCH

This research offers valuable qualitative insights, although significant limitations are recognised:

- The sample size of 25 constrains generalisability while facilitating profound thematic analysis.
- The research is geographically confined to Delhi, where urban exposure may vary from that in smaller towns.
- Owing to the sensitivity of the subject, certain respondents may have under-reported instances due to discomfort or fear of exposure.
- Future research may employ mixed-method approaches, integrating survey data with anthropological observations to elucidate broader trends and emerging digital behaviours.

SUGGESTIONS FOR FUTURE RESEARCH

- **Comparative Studies:** Analyse patterns of cyber harassment in rural and urban settings to evaluate the digital gender disparity.
- **Longitudinal Research:** Examine the enduring psychological and professional impacts of internet harassment on women's social mobility.
- **Intersectional Analysis:** Examine caste, religion, and sexuality as supplementary dimensions influencing women's digital vulnerability.

- Assessment of Institutional Responses: Evaluate the efficacy of cyber cells and educational institutions in managing instances and quantify the impact of sensitisation initiatives.

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