



## REVIEW ARTICLE

### MOBILE LEARNING IN OUR TEACHING FOR EDUCATION: BENEFITS AND CHALLENGES

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#### ABSTRACT

Mobile learning (M-learning) has emerged as a significant extension of e-learning, offering flexible, ubiquitous, and personalized educational opportunities through mobile devices. Unlike conventional e-learning, which is tethered and structured, M-learning emphasizes mobility, accessibility, and learner-centered engagement across diverse contexts. This paper examines the evolution of mobile learning, its value in enhancing teaching and learning, and its potential to re-engage learners through interactive, multimedia-rich experiences. The study highlights key benefits such as cost-effectiveness, portability, continuous support, and improved literacy and participation, while also addressing technical, social, and educational challenges including connectivity, device limitations, digital divide, and policy gaps. Mobile technologies—ranging from smartphones and tablets to handheld audio players—are shown to support both formal and informal learning, professional development, and inclusive education. The discussion underscores the importance of policy frameworks, open standards, and multi-stakeholder cooperation to integrate mobile learning into mainstream education. Ultimately, M-learning is positioned as a transformative approach that can expand access, personalize learning, and contribute to achieving global education goals.

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## INTRODUCTION

The term M-Learning or "Mobile Learning", has different meanings for different communities, that refer to a subset of E-Learning, educational technology and distance education, that focuses on learning across contexts and learning with mobile devices. Mobile learning has many different definitions and is known by many different names, like M-Learning, U-Learning, personalized learning, learning while mobile, ubiquitous learning, anytime / anywhere learning, and handheld learning. One definition of mobile learning is, "any sort of learning that happens when the learner is not at a fixed, predetermined location, or learning that happens when the learner takes advantage of the learning opportunities offered by mobile technologies" (MOBILearn., 2003). In other words, with the use of mobile devices, learners can learn anywhere and at any time (Crescente and Lee, 2011). Mobile learning is considered to be the ability to use mobile devices to support teaching and learning. Mobile learning is certainly not merely the conjunction of 'mobile' and 'learning'; it has always implicitly meant 'mobile E-Learning' and its history and development have to be understood as both a continuation of

'conventional' E-Learning and a reaction to this 'conventional' E-Learning and to its perceived inadequacies and limitations. It is the 'mobile' aspect of mobile learning that makes it stand apart from other types of learning, specifically designing learning experiences that exploit the opportunities that 'mobility' can offer us. M-Learning focuses on the mobility of the learner, interacting with portable technologies, and learning that reflects a focus on how society and its institutions can accommodate and support an increasingly mobile population. This is because mobile devices have features and functionality for supporting learners. For example, podcasts of lectures can be made available for downloading. Learners are to expect to engage with these learning resources whilst away from the traditional learning spaces. Over the past ten years mobile learning has grown from a minor research interest to a set of significant projects in schools, workplaces, museums, cities and rural areas around the world. The M-Learning community is still fragmented, with different national perspectives, differences between academia and industry, and between the school, higher education and lifelong learning sectors. The research that has been done on the use of mobile apps like these has been very promising. For example, a recent study funded by the Department of Education, looked at the link between learning, and the PBS Kids educational gaming app, Martha Speaks Dog Party. The study found that after children had used the app every day for two weeks, the

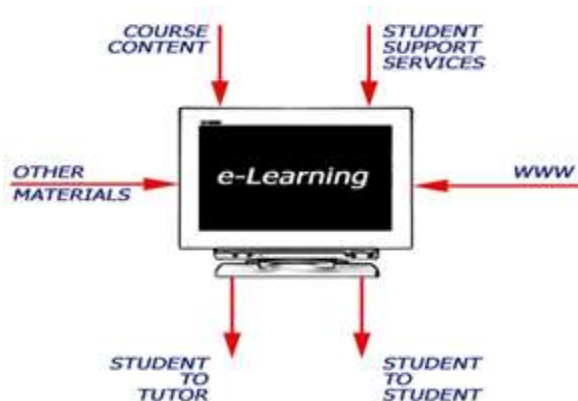
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vocabulary of Title 1 children between three and seven years old improved by as much as 31 percent. A similar study, conducted at the Abilene Christian University, centered upon the use of the Statistics 1 app. Students used it in and out of the classroom and remarked that they understood the content better, and were more motivated to do well, when using the app. The instructors agreed with this observation, and added that the students were also better prepared for classes. According to a report by Ambient Insight in 2008, "the US market for Mobile Learning products and services is growing at a five-year compound annual growth rate (CAGR) of 21.7% and revenues reached \$538 million in 2007. The data indicates that the demand is relatively immune from the recession." (Adkins, 2008). The findings of the report indicate that the largest demand throughout the forecast period is for custom development services, content conversion, and media services and that the healthcare sector accounts for 20% of the total US market for mobile learning.

## EDUCATION; CURRENT AND FUTURE

There is now little doubt that the World Wide Web is the most successful educational tool to have appeared in a long time. It combines and integrates text, audio and video with interaction amongst participants. It can be used on a global scale and is platform independent. While largely an asynchronous medium, it can be used also for synchronous events. It is not surprising, therefore, that trainers, lecturers, distance education providers and teaching institutions at all levels are increasingly using the Web as a medium for delivery. The statistics showed that: The number of Americans accessing the mobile web went up 107% last year; Mobile Web Access is growing around 15-20% a month; Mobile internet growth is 8x greater than PC-based growth; and Mobile social networking sites are getting more popular, mobile Facebook has 4 million users a day (Adkins, 2008). In this section we will map the evolution from the wired virtual learning environment of today, to the wireless learning environment of morrow. The wired learning environment of today might be presented diagrammatically thus:



The studies should evaluate each of these technology models on the six major dimensions of distance education provision:

- The provision of course content to off-campus students
- The provision of feedback to off-campus students
- The provision of student support services to off-campus students
- Links to the WWW and other resources
- Student-to-student interactivity
- Student to tutor and institution interactivity.

Each of these dimensions should be analysed and evaluated on a four-point grid for decision makers: 1) Student user-friendliness 2) Didactic effectiveness 3) Technical feasibility 4) Cost effectiveness. Mobile devices, and their technologies and systems, are eroding established notions of time as a common structure that had previously underpinned social organization and the consensual understanding of the world. Time-keeping is being replaced by the 'approx-meeting' and the 'multi-meeting' (Plant, 2000), 'socially negotiated time' (Sørensen *et al.*, 2002), the 'micro coordination of everyday life' alongside the 'softening of schedules' (Ling, 2004) afforded by mobile devices and Nyiri (2006:301) says, —with the mobile phone, time has become personalized. Whereas previously our social and business relations had to be organized and synchronized by absolute clock time, now mobile technologies allow us to renegotiate meetings and events on-the-fly. However, basic mobile phone features are: Making and receiving calls; Sending and receiving text messages; and Basic office tools e.g. calculator. Advanced mobile phone features include: Bluetooth; Camera capable of taking stills and more commonly now video; e-book readers, games; Recording audio; GPS / location aware; and Web browser to connect to the internet. Mobile learning can happen anywhere: in a classroom, at the dining room table, on a bus, in front of a science exhibit, and anywhere. Portability is not as important as the ability of the learner to connect, communicate, collaborate, and create using tools that are readily at hand. We have got them working as part of the M-Learning project. We are using the seductive power of these new technologies to re-inspire young learners who are dropping out of traditional learning. Research and development has been ongoing for the last two years and many learners have already been trying out these approaches and contributing to their development.

**How Is That Different from E-Learning?:** E-Learning has come to define any dissemination of educational knowledge over the Internet. This makes E-Learning a subset of technology-based training. It also incorporates a number of learning activities conducted on the Internet, of which mobile learning is one part. Many authors (e.g., Mostakhdeem-Hosseini and Tuimala, 2005) view Mobile Learning simply as the natural evolution of E-Learning, which completes a missing component such as the wireless feature, or as a new stage of distance and E-Learning (e.g., Georgiev, *et al.* 2004). M-Learning is often described as occupying a sub-space within the E-Learning space, which is in turn a sub-part of digital learning.

**Differentiating E-Learning from Mobile Learning:** E-Learning can be real-time or self-paced, also known as "synchronous" or "asynchronous" learning. Additionally, E-Learning is considered to be —tethered (connected to something) and presented in a formal and structured manner. In contrast, mobile learning is often self-paced, un-tethered and informal in its presentation. Because mobile devices have the power to make learning even more widely available and accessible, mobile devices are considered by many to be a natural extension of E-Learning (Sharma & Kitchens, 2004).

## THE VALUE OF MOBILE LEARNING

Tutors who have used M-Learning programs and techniques have made the following value statements in favor of M-Learning.

- It is important to bring new technology into the classroom.
- Devices used are more lightweight than books and PCs.
- Mobile learning can be used to diversify the types of learning activities students partake in (or a blended learning approach).
- Mobile learning supports the learning process rather than being integral to it.
- Mobile learning can be a useful add-on tool for students with special needs. However, for SMS and MMS this might be dependent on the students' specific disabilities or difficulties involved.
- Mobile learning can be used as a 'hook' to re-engage disaffected youth.

### BENEFITS OF M-LEARNING

- Relatively inexpensive opportunities, as the cost of mobile devices are significantly less than PCs and laptops
- Multimedia content delivery and creation options
- Continuous and situated learning support
- Decrease in training costs Potentially a more rewarding learning experience
- Improving levels of literacy, numeracy and participation in education amongst young adults. Using the communication features of a mobile phone as part of a larger learning activity, e.g.: sending media or texts into a central portfolio, or exporting audio files from a learning platform to your phone.

**CHALLENGES OF M-LEARNING:** Technical challenges for M-Learning include:

- Connectivity and battery life
- Screen size and key size (Maniar and et. Al. 2008)
- Meeting required bandwidth for nonstop/fast streaming
- Number of file/asset formats supported by a specific device
- Content security or copyright issue from authoring group
- Multiple standards, multiple screen sizes, multiple operating systems
- Reworking existing E-Learning materials for mobile platforms
- Limited memory (Elias, 2011)
- Risk of sudden obsolescence (Crescente and Lee, 2011)

### Social and educational challenges for M-Learning include

- Accessibility and cost barriers for end users: Digital divide.
- How to assess learning outside the classroom
- How to support learning across many contexts
- Content's security or pirating issues
- Frequent changes in device models/technologies/functionality etc.
- Developing an appropriate theory of learning for the mobile age
- Conceptual differences between E-Learning and M-Learning
- Design of technology to support a lifetime of learning (Sharples, 2000; Moore, 2009)
- Tracking of results and proper use of this information
- No restriction on learning timetable
- Personal and private information and content

- No demographic boundary
- Disruption of students' personal and academic lives (Masters, K.; Ng'ambi D. , 2007)
- Access to and use of the technology in developing countries (Masters, K., 2007)
- Risk of distraction (Crescente and Lee, 2011).

In addition to these challenges, there are some barriers to mobile learning include the high costs associated with equipment, connectivity, maintenance, technical support and teacher training; Health-related issues; a lack of policy support and governmental investment; and/or a lack of interest and awareness on the part of policymakers and the public; and negative social attitudes that see mobile phones as disruptive devices that students use primarily to play games, chat with friends and potentially engage in inappropriate behaviors such as cheating and cyber-bullying.

### MOBILE TECHNOLOGIES FOR M-LEARNING:

Mobile technologies are an attractive and easy means to maintain literacy skills and gain constant access to information. They are affordable, can be easily distributed and thus hold great potential for reaching marginalized groups and providing them with access to further learning and development. Mobile technologies facilitate distance learning in situations where access to education is difficult or interrupted because of geographical location or due to post-conflict or post-disaster situations. Mobile devices and personal technologies that can support mobile learning include:

- E-book
- Out start, Inc.
- Handheld audio and multimedia guides, in museums and galleries
- Handheld game console, modern gaming consoles such as Sony PSP or Nintendo DS
- Personal audio player, e.g. for listening to audio recordings of lectures (podcasting)
- Personal Digital Assistant, in the classroom and outdoors
- Tablet computer
- UMPC, mobile phone, camera phone and Smart Phone

### Technical and delivery support for mobile learning include

- 3GP For compression and delivery method of audiovisual content associated with Mobile Learning
- GPRS mobile data service, provides high speed connection and data transfer rate
- Wi-Fi gives access to instructors and resources via internet
- Cloud computing for storing and sharing files

And also, We need baseline requirements for mobile technologies that support learning outside of school settings. These technologies should be:

- **Highly portable:** The technology is available whenever the user needs to learn.
- **Individual:** The technology can be personalized to suit the individual learner's abilities, knowledge and learning style, and is designed to support personal learning rather than general office work.

- **Unobtrusive:** The learner can capture situations and retrieve knowledge without the technology becoming overly noticeable or imposing on the situation.
  - **Available:** The learner can use the technology anywhere, to enable communication with teachers, experts and peers.
  - **Adaptable:** The technology can be adapted to the context for learning and the learner's evolving skills and knowledge.
  - **Persistent:** The learner can use the technology to manage learning throughout a lifetime, so that the learner's personal accumulation of resources and knowledge will be immediately accessible despite changes in technology.
  - **Useful:** The technology is suited to everyday needs for communication, reference, work and learning.
  - **Easy to use:** The technology is easily comprehended and navigated by people with no previous experience using it.
- Which they regard as friendly and personal devices, which are cheap and easy to use,
  - Which they use constantly in all walks of life and in a variety of different settings, except education. (Keegan, 2005:3)

On the other hand, Douch et al. (2010) indicated that mobile technologies can improve professional development and teacher training in several areas:

- **Communication:** Mobile devices can be used in conjunction with wireless broadband and video-call services like Skype to facilitate communication between teachers and mentors.
- **Self-assessment:** Video cameras can be used to record lessons, allowing teachers to reflect on their teaching practice and identify specific areas for improvement.
- **Innovation:** Mobile technologies can be used in teacher education programs to challenge teachers to think creatively about mobile learning and develop the confidence to try new ideas. **UNESCO and MLW 2013** UNESCO hold the Second UNESCO Mobile Learning Week (MLW) from 18 to 22 February 2013 at its Headquarters in Paris, France. The event aims to explore mobile learning as a unique and significant contribution to achieving the Education for All (EFA) goals of increasing education access, quality and equality. MLW 2013 focuses on three particular EFA goals as they relate to mobile learning:

## DISCUSSION

Mobile learning is emerging as one of the solutions to the challenges faced by education. With a variety of tools and resources always available, mobile learning provides increased options for the personalization of learning. Mobile learning in classrooms often has students working interdependently, in groups, or individually to solve problems, to work on projects, to meet individual needs, and to allow for student voice and choice. With access to so much content anytime and anywhere, there are plenty of opportunities for formal and informal learning, both inside and outside the classroom. Study showed that notebooks, mobile Tablets, iPod touch, and iPads are very popular devices for mobile learning because of their cost and availability of apps. They are used for collecting students' responses (clickers), reading electronic books and websites, recording reflections, documenting field trips, collecting and analyzing data, and much more. One of the causes of acceptance mobile learning is that it uses devices:

- Which citizens are used to carrying everywhere with them,

But, The future of mobile learning depends largely on the level of social acceptance it receives. On the other hand, Users in developing countries have the same need for M-Learning to be mobile, accessible and affordable, as those in developed countries do. The very significance of M-Learning is its ability to make learning mobile, away from the classroom or workplace. These Wireless and mobile technologies enable learning opportunities to learners who do not have direct access to learning in these places. Many learners in developing countries have trouble accessing the internet, or experience difficulty in affording technology that enables learning in an E-Learning environment. Mobile devices are a cheaper alternative compared to traditional E-Learning equipment such as PC's and Laptops (master, 2004). The reason for the failure of mobile learning to emerge from its project status and take its place in mainstream education and training is well known. It is that mobile learning is not considered by the telecommunications operators to be a valid and attractive revenue stream. Progress is being made in a wide range of mobile applications, but education and training lag behind. The first of solution is the use of mobile learning for academic administration on mobile phones. If it could be established that mobile learning was to become the established method for universities and colleges to communicate urgent information to their student body, a very large revenue stream would be opened up. It can be taken as a given that all students in all universities and colleges possess a mobile phone which they consult constantly. All students enrolled in higher and further education institutions today have frequent needs for information from their institutions about timetable changes, assessment deadlines, feedback from tutors and other urgent administrative details. The use of mobile telephony is a much more efficient and quicker means of communication than postal contact or email. Once this has been achieved the use of mobile learning for academic contact in colleges and universities can be added. Mobile learning academic summaries comprising 4 to 5 screen summaries of content, examination hints, assessment questions for course revision, guidelines for particularly difficult parts of a course or counseling provision for students in need will be of great benefit to all students, and can be developed for and sent out to either all students or students in a particular year or class grouping. A final tier of the strategy for the incorporation of mobile learning in mainstream education and training is represented by the development and offering to students of full modules by mobile learning. With the arrival of 3G technologies viable course modules can be developed. Offering these modules, with assignment submission, tutor contact, examination and assessment provision will provide further evidence of the validity of mobile learning as an attractive provider of revenue streams to mobile operators.

## SUGGESTIONS

In an epoch where humanistic values are decrementing and vision towards social progress is disintegrating, our need to promote responsible education and learning is more crucial than ever.

The advent of mobile phones presents a great opportunity and offers a timely challenge to re-define and transform our educational paradigms. As wine fans claim —we cannot pour fresh wine in old bottles!, likewise, mobile learning too requires a new philosophical framework and new educational paradigms if it is to flourish. Only then will it become ubiquitous. Below, Hence, is recommended that policy-makers:

- **Leverage existing investments** Policy-makers should take stock of existing ICT investments and approaches, and devise strategies to complement rather than replace the current infrastructure.
  - **Localize policies** Policy-makers should consider the local contexts of the country or region when creating new policies or adapting existing ones, as strategies that work for one country may not be appropriate in another.
  - **Support open technical standards** Policy-makers should encourage the use of open, standards-based platforms for mobile learning applications, to increase access and streamline the development process.
  - **Promote intersectional cooperation and multi-stakeholder partnerships** Policy-makers should promote cooperation between different branches of government and encourage partnerships between stakeholders from a variety of sectors and levels.
  - **Establish policies at all levels** Policy-makers should create or revise mobile learning policies at both the national and local levels, regardless of whether education is decentralized. National policies should provide overarching structure and guidance, while local policies direct implementation in individual districts or institutions.
  - **Review and update existing policies** Policy-makers should revisit existing policies, particularly at the local level, that may be overly restrictive in regard to the use of mobile technology at schools and universities. National policies may need to be clarified or revised to give better guidance to districts and institutions.
- **Ensure inclusive education** Policy-makers should ensure that mobile learning policies promote gender equality and accessibility for learners with disabilities. This effort is essential to meeting EFA goals of providing quality education to all learners worldwide. ICT is a powerful vehicle for enhancing learning, and mobile devices form an essential part of that vehicle. If current ICT strategies for education begin to include mobile devices along with digital learning materials, support for teachers, and guidelines on best practices, mobile learning will soon become an important part of education.

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